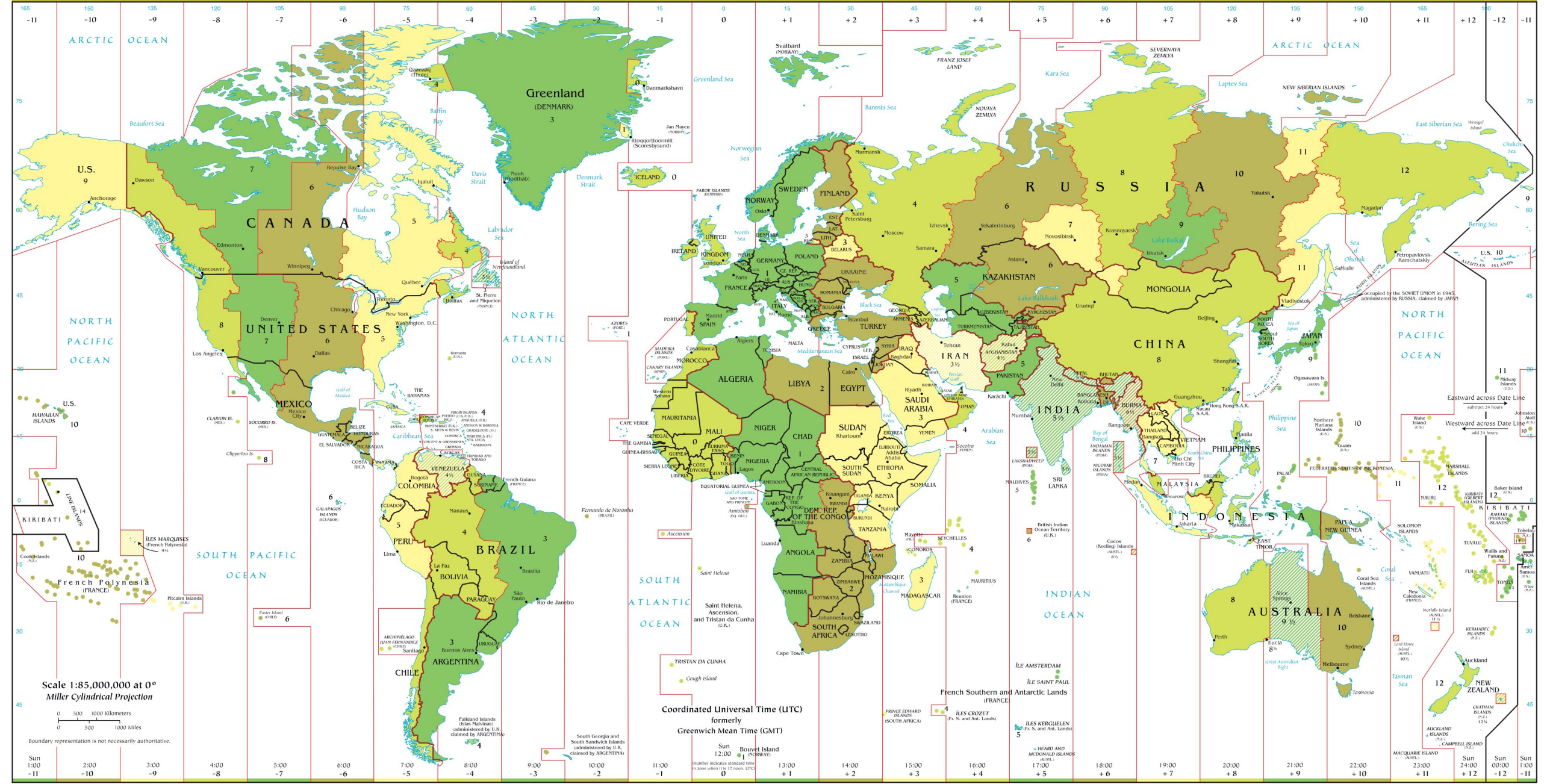
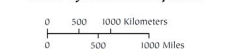


STANDARD TIME ZONES OF THE WORLD



Scale 1:85,000,000 at 0°
Miller Cylindrical Projection



Boundary representation is not necessarily authoritative.

Sun	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	Sun	Sun	Sun	
-11	-10	-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	-12	-11	-10	-9

WEST EAST
 Add time zone number to local time to obtain UTC.
 Subtract time zone number from UTC to obtain local time.
 Subtract time zone number from local time to obtain UTC.
 Add time zone number to UTC to obtain local time.